

Sacred Heart Church, London Road, Sunningdale, Berkshire SL5 0JY
in the care of the Verona Fathers/Comboni Missionaries
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Registered Charity No.: 220240

4th Sunday of the Year – January 27th/28th 2024
Racial Justice Sunday

First Reading Deuteronomy 18:15-20

I will raise up a prophet and I will put my words into his mouth.

Responsorial Psalm 94:

O that today you would listen to his voice!

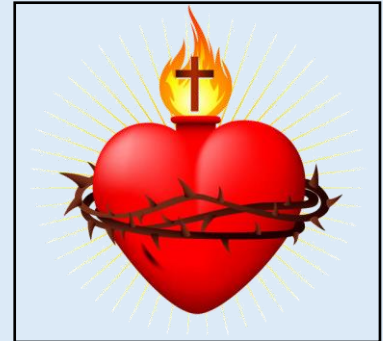
Harden not your hearts.

Second Reading: 1 Corinthians 7:32-35

An unmarried woman can devote herself to the Lord's affairs.

Gospel: Mark 1:21-28

He taught them with authority.



Intentions for the Masses celebrated this Weekend

Saturday	6:00 p.m.:	Lorraine Loverage RIP
Sunday	10:00 a.m.:	Fr. David Maskell RIP
	11:30 a.m.:	Robert ('Bob') Beahan RIP

Saints of the Week

Monday	29 th	January:	Saint Sulpicius Severus, Priest
Tuesday	30 th	January:	Martina of Rome, Martyr
Wednesday	31 st	January:	Saint John Bosco, Pastor
Thursday	1 st	February:	The Conversion of Saint Paul
Friday	2 nd	February:	The Presentation of the Lord, Candlemas
Saturday	3 rd	February:	Saint Blaise, Bishop and Martyr

EVENTS

Racial Justice Sunday



As British and Irish Christians mark Racial Justice Sunday to respond to racism and inequality in the Church and society, the Catholic Church focuses this year's observance on the theme "In the Image and Likeness of God". Surveys in Britain have shown that, while great strides have been made in the battle against racial injustice in recent decades, there is still much work to do. A recent report said too many people's lives in the UK are blighted by discrimination and inequality with black and Asian children more than twice as likely to grow up in persistent poverty as white children.

*God of light and truth,
you call all men and women to live lives of holiness and justice.
Help us to see in one another: a heart which is tender, a mind which is humble
and a care for our brothers and sisters; so that together we may build up
the Body of Christ as a sign of hope and mercy for all.
We make this prayer through Jesus our Lord.
Amen*

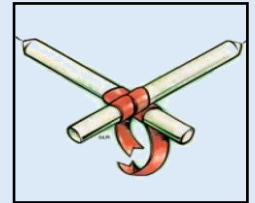
Beyond Words: Explore the Sacred in Lectio Divina, February 1st



Join us for our upcoming Lectio Divina gathering on Thursday, February 1st 2024, at 7:30 p.m. In person, in the meeting room of the Father's house, or via Zoom, from the comfort of your own home. This gathering offers a moment for reflection and prayer, cultivating a connection with the richness of the Word of God. Participants have shared how Sunday readings take on a new light, providing abundant nourishment for the soul, after spending time with the Word through Lectio Divina.

Blessing of Throats – February 4th

Next Sunday, February 4th, there will be the blessing of throats during each Mass. In faith, we seek the intercession of St. Blaise, whose feast day is on February 3rd. St. Blaise, a revered bishop of Armenia, martyred in 316, is known for miraculously saving a boy who was choking. This annual tradition symbolises the Christian struggle against all illness and our commitment to seeking divine protection.



Sponsor Clare's Skydiving for Nekemte!



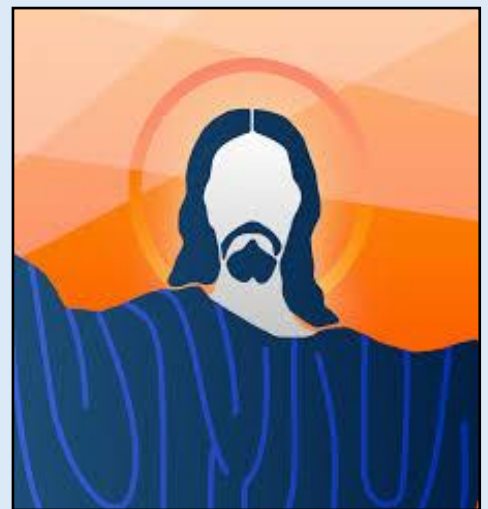
Join us in supporting Clare Beahan's daring leap on April 7th, 2024, to champion the Nekemte School Project. Donate directly on her "JustGiving Crowdfunding Page" with a goal of £1000. Cash can also be given to one of the Pastoral Team Members, the Fathers or Clare herself. Your generosity will propel Clare towards success and elevating the School Project of Nekemte to new heights! Contribute now at:

https://www.justgiving.com/crowdfunding/clare-beahan-ethiopia?utm_id=1&utm_term=bwzzaapKw

YOUTH CORNER

In today's Gospel, the crowds see something different in this young rabbi from Nazareth who is just starting his teaching. Why do his words have a weight to them that they didn't find in their Scribes? They bear the weight of truth. Something resonates in us when we hear the truth spoken, and for the crowds in today's Gospel they know Our Lord's teaching rings true: it speaks to something in their hearts, be it a call to conversion or a confirmation of the upright life they're trying to lead.

We need the truth, and Our Lord is the truth in Person. Society today focuses a lot on opinion, but often doesn't go very deep. Today many people don't want to speak out at all for fear of being labelled as judgmental, but also, at times, out of a mistaken idea that two apparently irreconcilable beliefs can be true: everyone's got their "truth," and nobody should question it. This attitude loses sight of the fact that there is a truth to everything, and we're all seeking to understand it and embrace it in our lives.



The Gospel brought to us by Our Lord brings that truth to us. It helps us cut through opinions that may veil untruths. The Gospel today has been preached for millennia, but it's the truth that sets us free. Let's listen to Our Lord with renewed attention today through his Word, confident that it is the truth, and not be shy about helping others learn the truth as well. Today, as Jesus renews his commitment to us in this Mass, let's renew our commitment to him. Let's put our hopes for happiness, meaning, and fruitfulness in his saving grace, not in our efforts alone. And this week, let's actively seek out his presence, so that he can make the difference he wants to make in our lives!

THE GIFT OF THE MASS IN 2024

As the days and weeks of 2024 continue to unfold, take a moment to contemplate those exceptional individuals and meaningful circumstances that have etched indelible imprints upon our hearts. Take a moment to reflect on those for whom your prayers are dedicated and those deserving of profound gratitude. In the words of St. Thomas Aquinas, "*The Eucharist is the sacrament of love: it signifies love, it produces love. The Eucharist is the consummation of the whole spiritual life.*"

Consider, too, the profound significance of the Mass, as articulated by St. Peter Julian Eymard: "*Know, O Christian, that the Mass is the holiest act of religion. You cannot do anything to glorify God more, nor profit your soul more, than by devoutly assisting at it, and assisting as often as possible.*"

If you would like to request a Mass, kindly complete an envelope available at the rear of the Church. Subsequently, you may place it in the Sacristy, hand it to one of the Fathers, or deposit it in the letterbox at the Fathers' House. Your thoughtful gesture resonates with the shared spirit of reflection, gratitude, and community as we embark on this new year of spiritual growth and unity.



SACRED HEART WEBSITE

Stay updated on the latest updates, events, and services at Sacred Heart Sunningdale by visiting our website at <https://www.sacredheartsunningdale.com>. We value your input and welcome any feedback or suggestions you may have.



To receive our newsletter via email every Saturday morning, simply notify one of the Fathers, and we'll ensure you're added to the list. If you know someone who would like to stay informed, please let us know, and we'll include them on our mailing list with their consent.

For those without computer or internet access, we're delighted to send a paper copy of the Newsletter and the Sunday Missalette by post. Kindly provide your/their name and address, and if necessary, obtain the person's consent. Thank you for staying connected with Sacred Heart Sunningdale!

Weekly Appointments

- **Taizé Moment of Prayer:** We hold a prayer service every Friday following the spirituality of *Taizé* which is characterised by silent contemplation of the Word of God and inspired by *Music*. The Prayer will take place after the 6:00 p.m. Mass and will last approximately 30 minutes in the meeting room of the Father's house. All Are Welcome!
- The **Sacred Heart Church Newsletter** is sent via e-mail every **Saturday** morning. If you would like to receive it, simply give one of the Father's your email address.
- There is **Exposition of the Blessed Sacrament** every **Wednesday** from 10:30 a.m. to 12:30 p.m. with **Benediction** at 12:15 p.m.
- The **Lectio Divina Prayer Meeting** in person in the Father's house *and on Zoom*, the first Thursday of the month. Our next meeting will be **1st February** and we will begin at a new time: **7:30 p.m.** Everyone is welcome to join!
- **Study Group:** The next Study Group Meeting will be **15th February**, beginning at 7:00 p.m. Send an email request to the parish email address if you would like to join and we will send you the Zoom link and schedule.
- **Confessions:** Every Saturday from 11:00 a.m. to 12:00 p.m. and on call. *Just ring the bell at the main door to the House.*
- **Daily Mass:** From Monday through Friday daily Mass is celebrated at 6:00 p.m. in the Chapel of the Father's House. Mass is preceded by Evening Prayer beginning at 5:45 p.m.



Church Cleaning Service Needed

A heartfelt thank you to those who have resonded an joined the cleaning rota, volunteers are still sought for the church cleaning schedule. Kindly verify your availability and indicate any months or dates when you may be unavailable. To sign up, please reach out to Jenny Dias at jenniferdias@btconnect.com or call Tel: 07973 724404.

SERVICES TO OUR FAITH COMMUNITY

Church Cleaning Roster:

January 20th **Julian Bell, Natalie Wernham**

Next Week:

January 27th **Noelle McNelis and Christopher Wood**

Readers:

January 27 th	6:00 p.m.:	Jill McPhillips
January 28 th	10:00 a.m.:	Peter Wills
January 28 th	11:30 a.m.:	Christabelle Menezes-Sachdev

Next week:

February 3 rd	6:00 p.m.:	Vittoria Baruchello
February 4 th	10:00 a.m.:	Peter Wills
February 4 th	11:30 a.m.:	Michelle Smyth

Flower Rota:

January 28th **Siobhan Burn**

Next week:

February 4th **Mary Kennedy**

Coffee after 10:00 a.m. Mass

January 28th **Clare, Hilary, Ruth**

Next week:

February 4th **Trudy, Oscar, Sonia**



Collection

Grateful thanks are in order for the **£809.10p** received in the Collection over last weekend's Masses, during the week. We warmly thank all those who continue to contribute to the upkeep of the Church through the Sunday Collection and/or a regular **Bankers/Standing Order**.

Prayer Requests for this Week

*I lift up my eyes to the mountains, from where shall come my help?
My help comes from the Lord, the Maker of heaven and earth. (Psalm 121:1-2)*

For the eternal rest of **Hugh Laurie** who died 13th January 2024, at the age of 75.

Your prayers are also requested

For the eternal rest of **Eileen White** a resident of Ascot Grange Care Home, who died in the early morning of 14th January 2024.

For the good health and recovery of **Terence Pike** who is now home from hospital.

For the eternal rest of **Jessica** ('Jessie') **Lake** who died in the early morning of 27th December 2023.

For the eternal rest of **Bill Biles** who died in the early morning of 24th December 2023.

For the eternal rest of **Beryl Chase-Gardener** who died 23rd December 2023 age 97.

For the continued recovery and good health of **Kathrine Berry**.

***We would like to encourage you not to hesitate to ring or send a message
if the Fathers are able to assist you in any way.***